



**THINK ABOUT  
YOUTH!**

# **AGENDA**

MAIN BOOK OF CONGRESS



18-21 OCTOBER 2018 @SARAJEVO

## **FIRST INTERNATIONAL CONGRESS OF CHILD AND ADOLESCENT PSYCHOTHERAPY**

„Role of psychotherapy in achieving health  
and well-being for children and adolescents,,



CONGRESS ORGANIZER - BHIDAPA



MAIN PARTNER - UNICEF

# WELCOME

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Dear participants of the Congress, distinguished guests,

It is my great pleasure to welcome you to the capital city of Bosnia and Herzegovina, Sarajevo, at the First International Congress of Child and Adolescent Psychotherapy with the topic: " Role of psychotherapy in achieving health and well-being for children and adolescents".

Psychotherapy of developmental age, as a separate and independent discipline, takes an important place in Primary, Secondary and Tertiary Prevention in preservation of health and wellbeing of children and youth. Researches clearly show that childhood experiences are at the root of most of adult problems. Therefore, the aim of the Congress is to raise the awareness and to emphasize the importance of early detection of difficulties in children and specific interventions aimed to working with children, youth and their parents, as well as with the institutions, to prevent at the most possible extent development of psychological disorder in adults.

The United Nations Convention on the Rights of the Child is the base for promotion of health and represents the framework of the work of the Congress.

Guided by our individual and social responsibility to create safer environment for preservation of the integrity of children, integrating multidisciplinary and intersectoral cooperation, we wish the Congress enables a place for meeting of the experts in various areas who through exchange of experiences, presentation of the best practices, promotion of a new trends and scientific achievements strive to preserve health and wellbeing of children and youth.

Development of empathy through meeting and interaction could possibly make the world better place without wars and conflicts.

The child is not the past of the individual, but its present and future. We believe that it is important that the Congress send the message that by forming respectful relationships full of love we care about the child and that in this way we also care about the entire humanity.

We hope that the Congress will be the place of sincere meeting which will incite relation of trust and love.



Mirela Badurina

The Chairwomen of the Organizational board of the Congress



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**Federacija Bosne i Hercegovine**  
**Federalno Ministarstvo zdravstva**



Министарство здравља и  
социјалне заштите  
Републике Српске



ASOCIJACIJA XY

**President of Congress:**

Prof. Dubravka Kocijan Hercigonja, MD-PhD, psychotherapist

**Honorary Board:**

Prof. Norman Sartorius, MD-PhD

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Prof. Mirjana Graovac, MD-PhD, psychotherapist

Mirela Badurina, PhD, psychotherapist

Vesna Hercigonja Novković, PhD, psychotherapist

Lidija Pecotić, PhD, psychotherapist

Prof. Sanja Radetić Lovrić, PhD

Prof. Ivana Zečević, PhD, psychotherapist under supervision

Lana Petö Kujundžić, PhD, iur.

Prof. Larisa Velić, PhD, iur.

Prof. Gregor Žvelc, PhD, psychotherapist

Prof. Mira Klarin, PhD

**Organizing Committee:**

Mirela Badurina, Chairman of the Organizing Committee,

Goran Čerkez, Vice Chairman of the Organizing Committee,

Vesna Hercigonja Novković, Adviser to the Organizing Committee,

Anesa Vilić, Adviser to the Organizing Committee,

Vladimir Žuržulović, Assistant to the Organizing Committee.

**Members of Organizing Committee:**

Alma Hadžiskakić, Azra Arnautović, Belma Žiga, Dina Koren,

Đana Lončarica, Elma Omersoftić, Katarina Mišetić, Lejla Smajić Hodžić,

Mirjana Gavrić Hopić, Sabina Zijadić Husić, Sandra Muratović, Selma Gaši,

Senka Čimpo, Srebrenka Hota and Tatjana Pologoš Veličković.



## OUR GOALS



Congress aims to emphasize the need to raise awareness of all professionals in the field of health, social protection, education and justice about the importance of multidisciplinary and intersectoral collaboration in achieving health and well-being of children and adolescents.

Healthy growth and development of children and adolescents, as well as society as a whole, largely depend on our present activities, both in recognizing children's needs and in organizing the optimum environment and influence, especially from the point of view of preventative as well as curative activities.

Congress will be a meeting place of different disciplines, institutions and organizations whose aim is to preserve the health and well-being of children and adolescents, exchange of experience, the best practices, announcements of new trends, through numerous presentations of participants from Bosnia and Herzegovina, Croatia, Serbia, Malta, Macedonia, Montenegro, Slovenia, England, Italy, France, Germany, Austria and other european countries, as so Canada, America and other countries.

**The topics of discussion come from the fields of health, social protection, education and juvenile justice. The presentations will be organized through plenary lectures, roundtables, workshops, symposium and panels.**

More informations at:

<https://congress.psychotherapy.ba/>

<https://www.facebook.com/achievinghealthsarajevo/>

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# IT IS OUR PLEASURE

*to present the role of psychotherapy...*

It is our pleasure to present the role of psychotherapy through primary, secondary and tertiary prevention in the achieving of the health and wellbeing of children and adolescents on topics such as:

## **A. Mental health of children and adolescents**

- Mental health of children and adolescents
- Early child development and neuroscience
- Psychopathological deviations in children and adolescents

## **B. Specifics therapeutic approach in various problems and challenges of growing up of children and adolescents in the new millennium**

- Juvenile justice
- The role of families, schools and institutions
- Child abuse, neglect and alienation
- Gender based violence
- Growing Up Online
- Refugee crisis, war and transgenerational trauma
- Innovative approach and challenges of working with children of the new millennium
- Psychopathology, Pharmacotherapy, Psychodiagnostics and Research
- Loss and grieving

## **C. Psychotherapeutic approach to treatment of children and adolescents - workshops**

- Education from Child and Adolescent Integrative Psychotherapy (Promotional Symposium)
- Cognitive behavioral therapy
- Play therapy
- Integrative therapy
- Trauma focus therapy
- Gestalt therapy
- EMDR
- Transactional analysis
- Psychoanalysis
- Psychodrama
- Music Therapy
- Therapy with dog
- Art Therapy



In Cooperation with:







## DAY 2 - 19 OCTOBER - FRIDAY

11:30h	<p><b>MAIN HALL - PLENARY LECTURE</b> <i>Moderator: MSc. Elma Omersoftić, psychotherapist</i></p> <p>Prof. Tatjana Stefanović Stanojević, PhD "Fear is the worst place: Early trauma from the cornerstone of the theory of attachment"</p> <p>Univ.-Prof. Kanita Dervić, MD-PhD "Suicidal behavior in children and adolescents - Diagnosis and intervention"</p> <p>Prof. Saida Fišeković, MD-PhD, psychotherapist "Psychotic conditions in Teen"</p> <p>Vlatka Boričević Maršanić, MD-PhD "Mindfulness: Implication in children at inpatient unit" (Coauthorship: Ana Kordić, Mia Flander Tadić)</p> <p>Prof. Michael Ungar, PhD, psychotherapist "Diagnosing resilience across cultures and contexts" Live, On-line/(Q&amp;A)</p> <p><i>Discussion with participants</i></p>
13:30h	Lunch
15:00h	<p><b>HALL 2 - ORAL PRESENTATION</b> <b>"Role of school, NGO, institutions and family"</b> <i>Moderators: Sandra Muratović &amp; Mirjana Gavrić Hopić</i></p> <p>Romana Galić, Darija Zubić "Single-parent families: a category at increased risk of poverty"</p> <p>Jelena Pavičić Vukičević "The role of school in humanistic education and child socialization with desirable values"</p> <p>Mira Klarin "Family and its impact on the development of children and youth in the cultural context"</p> <p>Sandra Muratović, Maida Koso Drljević "Student's attitudes towards psychologists"</p> <p>Ena Kazić, Rialda Ćorović "Nils Christie and his contribution to the development of the contemporary concept of restorative justice"</p> <p>Dragana Bulić "Neglect as a form of violence against children - knowledge, attitudes and behaviors"</p> <p><i>Discussion with participants</i></p>

plenary lecture

round table

workshops

symposium

poster exhibitions

oral presentation

## DAY 2 - 19 OCTOBER - FRIDAY

15:00h	<b>HALL 3 - WORKSHOP</b> <b>"The other side of the medal /vicarious resilience/"</b>  Sena Puhovski, Ivana Čosić Pregrad
15:00h	<b>HALL 4 - SYMPOSIUM</b> <b>"Innovative approach in working with children"</b> <i>Moderators: Lejla Smajić &amp; Azra Arnavotović</i>  Milivoj Jovančević „Interdisciplinary, holistic approach in working with children”  Azra Arnavotović “Inovative approaches in working with children”  Olivera Ćirković "Innovative approach of pediatricians with children and adolescents”  Nada Pop Jordanov, Silvana Markovska-Simoska "Heart Rate Variability in the assessment and training of common mental problems in young population”  Silvana Markovska-Simoska, Nada Pop Jordanov "Neurofeedback treatment as a type of therapy in ADHD children”  Lejla Smajić, Ajsela Bučan Varatanović, Melika Melunović, Edina Kovač Vidaković “A report: Interdisciplinary Approach to Treating Children and Adolescent with Anorexia Nervosa at the Pediatric Clinic in Sarajevo”  Vesna Hercigonja Novković „The effectiveness of psychotherapy in children with ADHD symptoms”  <i>Discussion with participants</i>
15:00h	<b>HALL 5 - WORKSHOP</b> <b>"SOUND BATH - application of sound in rehabilitation of adolescents with special needs and mental disorders"</b>  Koraljka Janeković
15:00h	<b>HALL 6 - WORKSHOP</b> <b>"It's easier to build strong children than to repair broken people - role of play therapy in empowering children and families"</b>  Sanja Ivanušević Grgas, Maja Bonačić



## DAY 2 - 19 OCTOBER - FRIDAY

17:00h

### HALL 3 - SYMPOSIUM

#### "Preventive Programs, multidisciplinary and intersectorality"

*Moderators: Mirjana Gavrić Hopić & Aida Jerlagić*

Mira Klarin

"Advisory assistance to institutions of higher education"

Sandra Muratović

"Preventive programs proposal in the secondary and primary schools of Sarajevo Canton"

Elma Omersoftić

"Child risk identification and protection program"

Aida Jerlagić

"The role of teachers in prevention activities"

Jelena Pavičić - Vukičević

"The role of school and cooperation with institutions in preventative activities"

Ivana Buljan Ajelić

"The importance of the ombudsmanship for children in the welfare of children"

Fatima Smajlović

"Global approach to arts-based psychosocial support for children in education settings in chronically stressful environment" - "case study"

*Discussion with participants*

17:00h

### HALL 4 - CONGRESS SYMPOSIUM - ROUND TABLE

#### "The silence to be heard - sexual abuse of children, teach them to protect themselves - Multidisciplinary and Intersectorality"

*Moderators: Gordana Buljan Frander & Sabina Zijadić Husić*

Gordana Buljan Flander

Vlatka Boričević - Maršanić

Lana Petö Kujundžić

Tatjana Stefanović Stanojević

Sanja Radetić – Lovrić

Mirjana Graovac

*Discussion with participants*

plenary lecture

round table

workshops

symposium

poster exhibitions

oral presentation

## DAY 2 - 19 OCTOBER - FRIDAY

17:00h	<p><b>HALL 5 - WORKSHOP</b>  <b>"KLIK Program of sound application in activities with children"</b></p> <p>Alma Lepir</p>
17:00h	<p><b>HALL 6 - WORKSHOP</b>  <b>"What worries lead teenagers in Internet addiction?"</b></p> <p>Milan Radovanović, Ružica Madžarević, Danijela Kodžić</p>
17:00h	<p><b>HALL 7 - WORKSHOP</b>  <b>"Assessment of suicidal ideation and therapeutic approach to suicidal behavior in children and adolescents"</b></p> <p>Kanita Dervić</p>
17:00h	<p><b>HALL 8 - POSTER PRESENTATIONS</b></p> <p>Sandra Anđelić-Breš, Tatjana Čulina, Nataša Dragaš-Zubalj  "Role of school medicine in mental health protection of children and adolescents"</p> <p>Lucija Sabljčić, Andreja Radić, Snježana Šalamon, Andreja Borovečki  "Evening Parent School - (non)effective educational styles"</p> <p>Snježana Šalamon, Andreja Radić, Lucija Sabljčić, Mirjana Orban  "The problem of "black sheep" - the problem of addiction"</p> <p>Andreja Radić, Lucija Sabljčić, Snježana Šalamon, Mirjana Orban  "Young and parent drinking"</p> <p>Andreja Borovečki, Anita Alegić Karin, Marija Kušan Jukić  "Triptych of mourning on the verge of adolescence and adult upbringing"</p> <p>Vildana Aziraj Smajić, Cornelia de la Fosse  "EMDR treatment for anorexia nervosa triggered by early traumatic experiences"</p> <p>Iva Zečević, Ana Kordić, Josipa Jukić  "A therapeutic dog in a psychiatric hospital for children and adolescents"</p> <p>Tea Vučina  "A case study of the use of EMDR therapy in the treatment of separator anxiety"</p> <p>Ilijana Kraguljac, Sanja Brozan, Jelan Čupković- Premuš, Mirjana Graovac, Daniela Petrić, Ana Kaštelan  "To be or not to be attached"</p>
19:00h	Annual assembly of Institute D.O.M. Zagreb
19:00h	Annual assembly of an Association of psychological Societies of BiH
19:00h	Organized tour of Sarajevo

# THIRD DAY - 20 OCTOBER - SATURDAY

08:00h	Registration of participants
09:00h	<b>MAIN HALL - PLENARY LECTURE</b> <i>Moderator: MSc. Elma Omersoftić, psychotherapist</i>  Addressing of Youth - "The messages that we need to hear"  Prof. Dubravka Kocijan Hercigonja, MD-PhD, psychotherapist "Overview of psychotherapy approach in working with children and adolescents"  Prof. Albert John Sargent, MD-PhD, psychotherapist "Indications for family psychotherapy"  Prof. Vlasta Rudan, MD-PhD, psychotherapist "Some changes in adolescent development and psychoanalytic therapies today"  Prof. Gordana Buljan Flander, PhD, psychologist, psychotherapist "New technologies - new challenges of growing up"  <i>Discussion with participants</i>
11:00h	Coffe break
11:30h	<b>MAIN HALL - PLENARY LECTURE</b> <i>Moderator: MSc. Elma Omersoftić, psychotherapist</i>  Prof. Susanne Schlüter-Müller, MD-PhD, psychotherapist "Borderline personality disorder in adolescence and specific treatment approaches"  Prof. Sanja Radetić Lovrić, PhD, psychologist "Protection of mental health of children and youth in criminal proceedings"  Lana Petö Kujundžić, PhD, iur. "Children in conflict with the law"  Gunilla Jarkman Björn, MD-PhD, psychotherapist "Brief family intervention with refugee children and families"  <i>Discussion with participants</i>
13:30h	Lunch

### THIRD DAY - 20 OCTOBER - SATURDAY

15:00h	<p><b>HALL 2 - CONGRESS SYMPOSIUM</b> <b>"Unique EIATSCYP Educational Standards - Educational Programs of Child and Adolescent Psychotherapy, Counseling and Therapeutic Well Being Practitioners in Croatia, Bosnia and Herzegovina, Slovenia, Serbia and the UK"</b> <i>Moderator: Prof. Dubravka Kocijan Hercigonja, MD-PhD</i></p> <p>Dubravka Kocijan Hercigonja, Institute D.O.M. Zagreb</p> <p>Vesna Hercigonja Novković, Institute D.O.M. Zagreb</p> <p>Mirela Badurina, BHIDAPA Sarajevo</p> <p>Gregor Žvelc, IPSA Ljubljana</p> <p>Margareta Mesić, Psihika Zadar</p> <p>Filip Stefanović, Educational Study Belgrade</p> <p>Lydia Noor, Therapeutic Well Being Practitioner UK</p> <p>Jocelyne Quennell, Therapeutic Well Being Practitioner UK</p> <p><i>Discussion with participants</i></p>
15:00h	<p><b>HALL 3 - ORAL PRESENTATION</b> <b>"Psychotherapeutic approaches in working with adolescents"</b> <i>Moderators: Sabina Zijadić Husić &amp; Belma Žiga</i></p> <p>Elma Omersoftić „Work with young adolescent in the phase of highly conflicting parent divorce - transactional analysis approach”</p> <p>Maja Delibašić "Using the 'GEEK' Culture Elements in Working with Adolescents"</p> <p>Lucija Hrovat, Romana Čolić "Anger regulation through the body of adolescent"</p> <p>Dario Lipovac "Cognitive-behavioral treatment of adolescent with social anxiety – case study"</p> <p>Albert Mrgole „Innovative ways of influencing and connecting with teenagers"</p> <p><i>Discussion with participants</i></p>

### THIRD DAY - 20 OCTOBER - SATURDAY

15:00h	<p><b>HALL 4 - SYMPOSIUM</b> <b>"Centers for mental health, hospital and outpatient treatment"</b> <i>Moderators: Srebrenka Hota &amp; Lejla Smajić</i></p> <p>Edin Bjelošević, Inela Kaknjo-Šabanović, Lejla Sarajlić, Belma Šljivo, Ilda Mehić, Halima Hadžikapetanović, Sonja Bjelošević, Tajib Babić "Presentation of work of Team for child and adolescent psychiatry of the mental health center of Zenica"</p> <p>Nermina Kravić, Maja Brkić, Dženita Hrvic, Zihneta Selimbašić "Group psychotherapy of adolescents and their parents at the Department of Children and Adolescent Psychiatry of the UKC Tuzla Psychiatric Clinic"</p> <p>Marija Kribl, Mirela Grgić, Marina Matković "Probit - an early detection of the risk behavior of the youth in the area of Osijek"</p> <p>Domagoj Vidović, Ivana Jolić, Petrana Brečić, Vanja Slijepčević Safić "Effects of sleep deprivation on development of young generations"</p> <p>Iskra Vučina "Preventive suicide program to strengthen protective factors of adolescents in the schools environment in the FBiH"</p> <p>Irina Puvača "Occupational therapist interventions in work with children and adolescent"</p> <p><i>Discussion with participants</i></p>
15:00h	<p><b>HALL 5 - WORKSHOP</b> <b>"Emotions are important - techniques of working with children in elementary school, on the subject of emotions development"</b></p> <p>Ivana Zečević</p>
15:00h	<p><b>HALL 6 - WORKSHOP</b> <b>"Analytical Psychodrama"</b></p> <p>Mirjana Graovac</p>







**THIRD DAY - 20 OCTOBER - SATURDAY**

17:00h

**HALL 8 - ORAL PRESENTATION**

**"Psychotherapeutic Approaches to Working with Children and Young People"**

*Moderators: Dina Koren & Azra Arnautović*

Dina Koren, Suzana Jurač

„Qualitative analysis of the success of group treatment and parental acceptance of change“

Mia Roje, Gordana Buljan Flander, Vlatka Boričević Maršanić

"Child of terminal ill parent - adjustment and grief"

Sara Jerebic, Drago Jerebic

"Psychotherapeutic treatment of children and adolescents in creative relational family therapy"

Ana Raguž, Mia Roje, Gordana Buljan Flander, Romana Galić

"The girl who stopped writing – the use of modern technology in treatment"

Emilija Stoimenova, Nataša Madževska

"Work with kindergarten children - Gestalt approach"

Margareta Mesić

"Going beyond usual Tasks of supervision – existential perspective of supervision"

*Discussion with participants*

18:30h

Break until gala dinner

20:00h

GALA dinner

# FOURTH DAY - 21 OCTOBER - SUNDAY

09:00h	<b>MAIN HALL - ROUND TABLE</b> <b>Problems related to war sufferings and protection programs</b> <i>Moderator: Primarius Goran Čerkez, MD</i>  Introductory lectures:  Prof. Esmina Avdibegović, MD-PhD "Transgenerational and war trauma"  Prof. Nađa Marić - Bojović, MD-PhD "War and other sufferings as risk factor for severe psychiatric disorders and challenges of early interventions"  MSc. Amra Delić, MD „Mental health outcomes, stigma experiences and implications for treatment of children born of war in Bosnia and Herzegovina“  Prof. Dubravka Kocijan Hercigonja, MD-PhD Prof. Vera Daneš - Brozek, MD-PhD Prof. Renko Đapić, MD-PhD Sabina Zijadić Husić, psychologist Mirela Badurina, PhD  <i>Diskusija sa učesnicima</i>
11:00h	Coffe break
11:15h	<b>HALL 2 - SYMPOSIUM OF WORLD VISION INTERNATIONAL</b> <b>Panel discussion and the official launch of the</b> <b>World Vision Global Campaign in BiH</b>  "It takes a world to end violence against children"
11:15h	<b>HALL 4 - WORKSHOP</b> <b>"Psychotherapy process research - what works in psychotherapy"</b>  Klaus Schmeck
11:15h	<b>HALL 5 - WORKSHOP</b> <b>"Art Therapy in Working with Children and Adolescents"</b>  Renko Đapić

 plenary lecture  round table  workshops  symposium  poster exhibitions  oral presentation







## Organizer

Bosnian-Herzegovinian Association  
for Integrative Child and Adolescent  
Psychotherapy



## Main partner

unicef   
for every child

## In cooperation with



Child and Youth Protection Center of Zagreb



Schweizerische Eidgenossenschaft  
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Confederazione Svizzera  
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WORLD PSYCHIATRIC ASSOCIATION  
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## With support



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