



CONCLUSIONS

SECOND INTERNATIONAL CONGRESS OF CHILD AND ADOLESCENT PSYCHOTHERAPY

"Significance and Possibilities of Psychosocial Support in the Protection
of Children and Youth, Now and After the Covid-19 Pandemic"

ORGANIZER

Bosnian-Herzegovinian Association
for Integrative Child and Adolescent
Psychotherapy



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02-04.12.2020

The new conditions lead to new challenges, and based on the presentation of numerous experts, it can be concluded:

1. Parents, school, social environment are important in the new conditions in maintaining the mental health of children and youth through education, support and counseling as well as processing stressors;
2. The approach to children and young people has its own specifics related to age, earlier ways of functioning and relationships, which is why an approach specific to each age group and each form of response is necessary, which requires additional education;
3. Strategies for working with children are necessary today and in the future;
4. Pandemic and the changed way of functioning of the family and society as a whole has resulted in an increase in violence and it is necessary to develop models of good practice and response in child protection in new circumstances in accordance with the Convention on the Rights of the Child and many other laws and regulations;
5. It is necessary to increase the awareness of all experts in the field of health, social protection of education, justice through multidisciplinary and intersectoral cooperation;
6. Strategies in preserving and providing support for mental health must be aimed at families, children and youth as well as professionals through public and individual support, anonymous lines for children and professionals through rules of ethical and professional response;
7. The principles of interpersonal relations that affect neurobiology are important, which is why it is necessary to work on developing activities by listening to yourself and your needs through the activities offered in order to improve the quality of own lives through which comes the quality of relationships with children and youth;
8. It is necessary to modify approaches to children and young people who have various forms of neurodevelopmental disorders or serious psychological problems, as well as children from vulnerable and minority groups who need more care, but also a modified approach;

Comments

Positive attitude towards the congress and the presented contents as well as the organization. Special emphasis is placed on encouraging public speaking on the problem in order to respond adequately and in a timely manner, and the Congress in this form and in this time is still one of the most effective ways to get to know the problem, share experiences and gain insight into various changes.

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