



THINK ABOUT  
YOUTH!



# AGENDA

## SECOND INTERNATIONAL CONGRESS OF CHILD AND ADOLESCENT PSYCHOTHERAPY

"Significance and Possibilities of Psychosocial Support in the Protection  
of Children and Youth, Now and After the Covid-19 Pandemic"

### ORGANIZER

Bosnian-Herzegovinian Association  
for Integrative Child and Adolescent  
Psychotherapy



### MAIN PARTNER

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and Cooperation SDC



Respecting health protection measures will be held virtually  
via Zoom platform from 2nd – 4th December 2020.

# WELCOME

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Dear colleagues, friends and participants,

It is a great pleasure to welcome you to the Second International Congress of Children and Adolescent Psychotherapy under the name “Importance and possibilities of psychosocial support in protection of children and adolescents during and after Covid-19 pandemic”.

Children, adolescents, families and communities are facing highly stressful challenges caused by the Covid-19 pandemic. The key factors to maintain and improve mental health and wellbeing of children and adolescents are cooperation and leadership of adults. The responsibility of the experts in these new circumstances is bigger than ever. For that reason, we are organising this Congress, as a small step toward empowering joint actions of the experts working with children and families with the aim of creating optimal access and new modalities of mental health support.

We hope that this Congress, through presentations of theoretical approaches, ideas, newly found information and new clinical findings as well as models of good practice presented by eminent experts from our country, region, Europe and world will help in finding optimal ways of responding to the current health crisis.

Welcome to the Congress!

On behalf of the organizing committee of the Congress,  
Mirela Badurina,

A handwritten signature in black ink, appearing to read 'Badurina M.', written in a cursive style.

chairman of the organizing committee

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## **President of the Congress:**

Prof. Dubravka Kocijan Hercigonja, Ph D, M.D., child and adolescent neuropsychiatrist and psychotherapist

## **Honorary Board:**

Prof. Gordana Buljan Flander, Ph D, clinical psychologist, psychotherapist

Prof. Albert John Sargent, Ph D, M.D., psychiatrist, psychotherapist

Akad. prof. Mirsada Hukić, Ph D, M.D., spec. of immunology, bacteriology and virology

Prof. Daniel J. Siegel, Ph D, M.D., psychotherapist

Prof. Milica Pejović Milovančević, Ph D, M.D., child psychiatrist

Prof. Michael Ungar, Ph D, psychotherapist

Prof. Esmina Avdibegović, Ph D, M.D., neuropsychiatrist and psychotherapist

Karen Hillman Fried, Psy.D., M.F.T

MSc Joanna Hewitt Evans, psychotherapist and supervisor

Prof. Nađa Marić Bojović, Ph D, M.D., psychiatrist

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Prof. Esmina Avdibegović, Ph D, M.D., neuropsychiatrist and psychotherapist

Prof. Goran Arbanas, Ph D, M.D., psychiatrist, psychotherapist

Prof. Gordana Buljan Flander, Ph D, clinical psychologist, psychotherapist

Prof. Ivana Zečević, Ph D, psychologist, psychotherapist

MSc Joanna Hewitt Evans, psychotherapist, supervisor

Mirela Badurina, Ph D, psychotherapist

Prof. Mirjana Graovac, Ph D, M.D., psychiatrist, psychotherapist

Prof. Nađa Marić Bojović, Ph D, M.D., psychiatrist

Ranka Kalinić, Ph D, M.D., psychiatrist, psychotherapist

Prof. Sanja Radetić Lovrić, Ph D, psychologist

## **Organizing committee:**

Mirela Badurina, Ph D, chairman of the organizing committee

Prim. Goran Čerkez, M.D., vice president of the organizing committee

## **Members of organizing committee:**

Sabina Zijadić Husić, Ana Drina, Tea Martinović, Senka Čimpo, Jelena Subašić, Marija Pavlović

## **Plenary lectures moderator: Haris Bilalović**

## **Round table and practical examples moderators:**

Elma Omersoftić, Jelena Subašić, Đana Lončarić, Senka Čimpo, Marija Pavlović,

Goran Čerkez, Sabina Zijadić Husić

## **Support of the organizing committee:**

Vildana Begić Mujkić, Mirela Hadžić, Lejla Šabanagić Hadžić, Maja Tursunović,

Anja Šuvalija, Amila Alijagić, Goran Jurić, Boris Konrad

# THE OBJECTIVE OF THE CONGRESS



Following the conclusions of the previous Congress and the current health crisis, the aim of the Congress is to emphasize the need to find optimal ways of action in the emerging health crisis, in order to preserve the mental health and psychosocial well-being of children, youth their families and community in general.

The Congress will be an opportunity to exchange experiences, research, examples of good practice, as well as to enhance understanding of the impact of the pandemic on mental health and psychosocial well-being.

The Congress will look into a range of ways to create multidisciplinary and cross-sectoral preventive steps and actions, in order to participants being able to incorporate them into their professional practice, during and after a pandemic. New information and ideas of experts from our country, countries of the region, Europe and the world, through plenary lectures, round tables and practical examples, will describe a series of preventive modalities, educational, legal, social, medical, therapeutic and rehabilitation activities aimed at protecting children and their families.

The Congress will be a meeting place for various disciplines, institutions and organizations whose goal is to preserve health and well-being of children and adolescents, through presentations by participants from Bosnia and Herzegovina, Croatia, Serbia, the United Kingdom, Italy, Belgium, Romania, Slovenia, Canada and the United States.

## More info at:

<https://congress.bhidapa.ba/>

<https://www.facebook.com/achievinghealthsarajevo/>

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 bhidapa.ba

 info@bhidapa.ba

# THE TOPICS OF THE CONGRESS



## Theme of day one:

### **Pitfalls of new environment – mental health and psychosocial wellbeing in children**

- 09:00 - 12:00 Opening of the Congress and Plenary lectures focused on the theme of the day
- 12:30 - 14:00 Round table dedicated to new challenges and activities in a new environment
- 15:30 - 17:00 Practical examples – Challenges in a new environment

## Theme of the day two:

### **New approaches to mental health protection during the Pandemic**

- 09:00 - 12:00 Plenary lectures focused on the theme of the day
- 12:30 - 14:00 Round table dedicated to the intersectoral nature of the system of psychosocial and legal protection and reflection on the challenges of joint action, during the Covid-19 pandemic
- 15:30 - 17:30 Practical examples dedicated to multidisciplinary and intersectoral action of referral systems
- 19:00 - 19:45 Challenges in the new environment brought by the pandemic Covid-19 and neurobiological responses - SPECIAL GUEST

## Theme of the day three:

### **Are we empowered for the Covid reality - Creating timely and flexible support systems for children, families and communities - What have we learned and what can be useful in the post-pandemic period?**

- 09:00 - 12:00 Plenary lectures focused on the theme of the day
- 12:30 - 14:00 Round table dedicated to the experiences and challenges in crisis interventions and treatments during Covid-19 pandemic (what needs to be improved in the mental health system and where are the opportunities?)
- 15:30 - 17:00 Practical examples dedicated to the stabilization of conditions caused by uncertainty during the health crisis and new online opportunities aimed at strengthening resilience capacity

17:00 – 17:30 Closing of the Congress and conclusions

# DAY 1

## DECEMBER 02 – WEDNESDAY

1.

Time:

*Topic of the day – Pitfalls of the new environment – mental health and psychosocial welfare of children, adolescents and families*

### CONGRESS OPENING CEREMONY

*Address to the Congress by the President of the Congress,  
Dubravka Kocijan Hercigonja*

*Address to the Congress by the Mayor of the City of Sarajevo,  
Abdulah Skaka*

*Address to the Congress by the vice-president of the Congress  
Organisational Committee and the Deputy Minister for Public  
Health of the Federal Ministry of Health,  
Goran Čerkez*

09:00-09:30

*Address to the Congress by the representative of the World  
Health Organisation for Europe,  
Viktor Olsavszky*

*Address to the Congress by the Representative of UNFPA  
for Bosnia and Herzegovina,  
John Kennedy Mosoti*

*Address to the Congress by the President of the Congress  
Organisational Committee,  
Mirela Badurina*

*Address to the Congress by the Head of UNICEF BiH,  
Rownak Khan*

### PLENARY LECTURES

*Moderator: Haris Bilalović*

09:30-10:00

*Dubravka Kocijan Hercigonja*

*"New challenges and guidelines in psychotherapeutic  
treatment of children" (Q&A)*

10:00-10:30

*Mirjana Graovac*

*"Specifics of psychotherapeutic treatment of adolescents  
during the pandemic" (Q&A)*

10:30-11:00

**Gordana Buljan Flander**

"Challenges and opportunities of providing mental health care during the crisis" (Q&A)

11:00-11:30

**Albert John Sargent**

"The impact of family dynamics on the mental health of children and adolescents during a pandemic Covid-19" (Q&A)

11:30-12:00

**Esmina Avdibegović**

"The Covid-19 pandemic and transgenerational war trauma" (Q&A)

12:00-12:30

Coffee break

12:30-14:00

**ROUND TABLE – Challenges and activities in a new environment**

*Moderators: Jelena Subašić and Đana Lončarica*

**Maja Kajtaz**

"School based challenges during the pandemic"

**Mia Roje Đapić**

"Challenges and importance of psychological interventions in crisis"

**Teodora Minčić**

"Providing psychosocial support at the Institute for Mental Health during the pandemic"

**Igor Jurić**

"Activities of the Tijana Jurić Foundation during the Covid-19 pandemic"

**Giandomenico Bagatin**

"From an idea to a huge movement"

**Sandra Kukić**

"Assessment of human resources in the field of social services related to child protection in B&H – key findings and conclusions in the context of the COVID-19 pandemic"

14:00-15:30

Lunch

15:30-17:00

**PRACTICAL EXAMPLES: Application and activities directed at the support to a healthy growth and development**

*Moderators: Đana Lončarica and Senka Čimpo*

**Jon Blend**

"Anger – the most misunderstood of all emotions?"

**Bruna Profaca**

"Children and young people' stories: dealing with uncertainty and losses in a crisis"

DAY 2

DECEMBER 03 – THURSDAY

2.

Time:

*Topic of the day – New approaches in the mental health protection during the pandemics*

09:00-09:45

**PLENARY LECTURES**

*Moderator: Haris Bilalović*

**Gordana Buljan Flander**

"Violence behind the closed doors - specifics during the pandemic" (Q&A)

09:45-10:15

**Elmedin Muratbegović**

"Prevention of violence during and after a pandemic, systematic plans" (Q&A)

10:15-10:45

**Milica Pejović Milovančević**

"Covid-19 pandemic – impact on children and youth and possible reaction to the crisis" (Q&A)

10:45-11:25

**Goran Arbanas**

"Sexting as a form of sexual abuse of children" (Q&A)

11:25-12:00

**Nađa Marić Bojović**

"Structured psychosocial intervention - experiences with the digital application DIALOG+ in treatment of people with psychotic symptoms" (Q&A)

12:00-12:30

Coffee break

12:30-14:00

**ROUND TABLE– intersectoral system of psychosocial and legal protection and review of the challenges in joint actions during the Covid-19 pandemic**

*Moderators: Goran Čerkez and Marija Pavlović*

**Gordana Buljan Flander**

"Platform 'Support in the palm of your hand' – an overview of support for strengthening the mental health of children and young people during and after Covid-19 health crisis and the earthquake in Zagreb"



12:30-14:00

**Ranka Kalinić**

"Activities within the Center for Mental Health and intersectoral collaboration"

**Advija Hajdo Balta and Sanela Škaljić**

"The work of the prosecution in working with children during the pandemic"

**Elmedin Muratbegović**

"Violence – legal regulations within the school system"

**Nada Grahovac**

"Child rights during the pandemic"

**Enda Pečenković Pavić**

"Activities within the Centre for Social Welfare and intersectoral collaboration during the pandemic"

14:00-15:30

Lunch

15:30-17:30

**PRACTICAL EXAMPLES: Multidisciplinary and intersectoral collaboration of the referral systems**

**Moderators: Elma Omersoftić and Đana Lončarića**

**Katarina Višić** – "Case study – 'Save me from myself'"

**Corina Levu** - "Creative therapists or creative kids? – Online therapy during the pandemic"

**Elma Omersoftić** – "Mental health of adolescents during the quarantine in Sarajevo Canton"

**Sanja Radetić Lovrić** – "Smiling while masked" - documentary

19:00-19:45

**SPECIAL GUEST**

**Moderator: Senka Čimpo**

**Daniel J. Siegel**

"Challenges in the new environment brought by the pandemic Covid-19 and neurobiological responses" (Q&A)

**DAY 3**

**DECEMBER 04 – FRIDAY**

**3.**

*Time:*

*Topic of the day - Are we empowered for the Covid reality – Creating timely and flexible systems of support for children, families and communities – What have we learned and what can be useful in the post-pandemic period?*

**09:00-09:40**

**PLENARY LECTURES**

*Moderator: Haris Bilalović*

***Bruna Profaca***

"Psychosocial support to children, young people and families during crisis" (Q&A)

**09:40-10:10**

***Mirsada Hukić***

"SARS-CoV-2 and the COVID-19 disease: current status and future perspectives" (Q&A)

**10:10-10:40**

***Oana Maria Popescu***

"The Wizarding School: an integrative online psychotherapy program for children" (Q&A)

**10:40-11:25**

***Michael Ungar***

"Strengthening resilience during and after a crisis" (Q&A)

**11:25-12:00**

***Karen Hillman Fried***

"Lessons from starting a global community of therapists" (Q&A)

**12:00-12:30**

Coffee break

12:30-14:00

**ROUND TABLE – Experiences and challenges in crisis interventions and treatment during the Covid-19 pandemic (what needs to be improved in the mental health system and where are the possibilities?)**

*Moderators: Senka Čimpo and Sabina Zijadić Husić*

**Albert John Sargent**

"Challenges in the hospital treatment of children and young people during the Covid-19 pandemic and what needs to be improved?"

**Oana Maria Popescu**

"Experiences and challenges in treatment of children and their families during the pandemic"

**Kada Delić Selimović**

"Importance and possibilities of organizing physical activities for children and adolescents during the pandemic with emphasis on children with disabilities"

**Mirela Badurina i Sabina Zijadić Husić**

"The role of virtual media in treatment of children and the education of professionals""

**Ivana Zečević**

"School and mental health"

**Joanna Hewitt Evans**

"Importance of the supervision of professionals during and after the pandemic"

14:00-15:30

Lunch

15:30-17:00

**PRACTICAL EXAMPLES: Stabilisation of the conditions caused by the uncertainty during the health crisis and interventions directed toward strengthening resilience capacity**

*Moderators: Marija Pavlović and Senka Čimpo*

**Karen Hillman Fried**

"Using the Violet Oaklander model during a pandemic"

**Silva Capurso**

"Challenges in working with children and adolescents at the General hospital Dubrovnik during the pandemic"

**Maja Tursunović**

"Program of the secondary prevention of unacceptable forms of behaviour and protection of students during the pandemic"

**Okrugli stol**

"Messages from the youth"

17:00-17:30

CLOSING CEREMONY AND CONCLUSIONS

## Organizer

Bosnian-Herzegovinian  
Association for Integrative Child  
and Adolescent Psychotherapy



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## Main partner



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## With support



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